



COURSE OUTLINE: PNG117 - PROF GROWTH I

Prepared: Barbara Thompson

Approved: Rebecca Keown - Dean

Course Code: Title	PNG117: PROFESSIONAL GROWTH I
Program Number: Name	3024: PRACTICAL NURSING
Department:	PRACTICAL NURSING
Academic Year:	2025-2026
Course Description:	This course will examine personal learning styles, the concepts of teaching and learning and their importance in the practice of nursing. The use of information technology will be applied to reading and understanding research reports, and to understand the impact and implications of information and technologies in healthcare. The learner will be introduced to the College of Nurses of Ontario's (CNO) standards of practice and reflective practice process. The learner will explore the evolution of nursing, select nursing theorists and the development of a personal philosophy of nursing.
Total Credits:	3
Hours/Week:	3
Total Hours:	42
Prerequisites:	There are no pre-requisites for this course.
Corequisites:	PNG116
This course is a pre-requisite for:	PNG127, PNG130, PNG131, PNG237
Vocational Learning Outcomes (VLO's) addressed in this course:	<p>3024 - PRACTICAL NURSING</p> <p>VLO 1 Communicate therapeutically with clients and members of the health care team.</p> <p>VLO 4 Select and perform nursing interventions using clinical judgment, in collaboration with the client and, where appropriate, the health care team, that promote health and well-being, prevent disease and injury, maintain and/or restore health, promote rehabilitation, and/or provide palliation.</p> <p>VLO 7 Adapt to a variety of health care settings, using different leadership skills and styles as appropriate to each setting.</p> <p>VLO 9 Practise in a self-regulated, professional and ethical manner, complying with relevant legislation and with the standards of both the regulatory body and the practice setting to provide safe and competent client care.</p>
Essential Employability Skills (EES) addressed in this course:	<p>EES 1 Communicate clearly, concisely and correctly in the written, spoken, and visual form that fulfills the purpose and meets the needs of the audience.</p> <p>EES 2 Respond to written, spoken, or visual messages in a manner that ensures effective communication.</p> <p>EES 4 Apply a systematic approach to solve problems.</p> <p>EES 5 Use a variety of thinking skills to anticipate and solve problems.</p>



	EES 7 Analyze, evaluate, and apply relevant information from a variety of sources.
	EES 8 Show respect for the diverse opinions, values, belief systems, and contributions of others.
	EES 10 Manage the use of time and other resources to complete projects.
	EES 11 Take responsibility for ones own actions, decisions, and consequences.

Course Evaluation:	<p>Passing Grade: 65%, C</p> <p>A minimum program GPA of 2.0 or higher where program specific standards exist is required for graduation.</p>
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Other Course Evaluation & Assessment Requirements:	There are no re-writes or alternate assignments in this class.
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Books and Required Resources:	<p>Potter and Perry`s Canadian Fundamentals of Nursing by Astle & Duggleby Publisher: Elsevier Hlth Sciences Division Edition: 7th ISBN: 9780323870658 or Ebook</p> <p>Sault College APA Quick Guide (3rd Edition) by Sault College Publisher: American Psychological Association Edition: Publication Manual of the American Psychological Association (7th Edition)</p> <p>College of Nurses of Ontario (CNO) Practice Standards and Guidelines</p>
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Course Outcomes and Learning Objectives:	Course Outcome 1	Learning Objectives for Course Outcome 1
	1. Utilize personal learning styles and reflective journaling to demonstrate self-awareness and enhance success.	1.1 Examine learning theories. 1.2 Discover personal learning style. 1.3 Identify ways and activities to enhance personal learning styles. 1.4 Define reflection. 1.5 Describe the purpose of reflective journals. 1.6 Produce reflective journals using a theoretical model or framework. 1.7 Engages in quality improvement and risk management to promote a quality practice environment.
	Course Outcome 2	Learning Objectives for Course Outcome 2
	2. Examine the concepts of teaching and learning.	2.1 Define teaching and learning. 2.2 Describe the similarities and differences between teaching and learning. 2.3 Explain the domains of learning. 2.4 Describe how to assess the clients` health literacy knowledge and readiness to learn. 2.5 Explain the planning and implementation stage of the teaching and learning process. (e.g. teaching strategies) 2.6 Describe methods of evaluating and refining teaching plans.
	Course Outcome 3	Learning Objectives for Course Outcome 3

3. Explore the evolution of nursing.	<p>3.1 Explore the historical development of nursing.</p> <p>3.2 Describe the role of religion in the development of the practice of nursing.</p> <p>3.3 Describe the contributions of selected nurses to nursing and society.</p> <p>3.4 Explore, from a historical perspective, the contribution of the nursing profession to society.</p> <p>3.5 Explore the evolution of professional nursing organizations.</p>
Course Outcome 4	Learning Objectives for Course Outcome 4
4. Examine the philosophy and theoretical frameworks used in nursing practice.	<p>4.1 Define philosophy.</p> <p>4.2 Examine own personal philosophy of nursing.</p> <p>4.3 Describe the philosophy of the practical nursing program.</p> <p>4.4 Compare personal and program philosophies.</p> <p>4.5 Describe conceptual and theoretical frameworks of nursing.</p> <p>4.6 Examine the development of theoretical knowledge in nursing.</p> <p>4.7 Compare theoretical approaches of selected nursing theorists and their work.</p> <p>4.8 Describe the practical nursing program conceptual framework.</p> <p>4.9 Describe the relationship between the nursing process and nursing theories.</p>
Course Outcome 5	Learning Objectives for Course Outcome 5
5. Explore the role of the nurse and the professional organizations in the practice of nursing.	<p>5.1 Participate in activities to discover the role of the professional caring nurse.</p> <p>5.2 Identify the professional organizations and legislations, which support or regulate the practice of practical nurses (e.g. Registered Practical Nurses Association of Ontario and the CNO/Self-Regulation).</p> <p>5.3 Describe the mandate and responsibilities of each of the professional organizations (regulatory bodies, professional associations, and unions) in the practice of nursing.</p> <p>5.4 Describe the regulatory requirements of jurisdictional legislation.</p>
Course Outcome 6	Learning Objectives for Course Outcome 6
6. Examine the CNO Standards of Practice and the associated professional implications.	<p>6.1 Describe the Standards of Practice, and their influence in competent and ethical nursing practice for the Registered Practical Nurse and other health professionals.</p> <p>6.2 Describe attributes and characteristics of the nursing profession.</p> <p>6.3 Identify an ethical framework.</p> <p>6.4 Describe ethical behaviour based on professional guidelines.</p> <p>6.5 Discuss the clients` rights by maintaining confidentiality and privacy in all personal and professional contexts.</p> <p>6.6 Discuss the importance of documenting according to established legislation, practice standards, ethics, and organizational policies.</p>



	Course Outcome 7	Learning Objectives for Course Outcome 7
	7. Examine the importance of nursing research.	7.1 Define research and how it is used to respond to relevant clinical data. 7.2 Explain how nursing research influences practice. 7.3 Describe how the practical nurse participates in research. 7.4 Explain the importance of the practical nurses participation in research. 7.5 Analyze evidence-based research studies and identify key findings to engage in evidence-informed practice by considering a variety of relevant sources of information. 7.6 Discuss the importance of maintaining current knowledge about trends and issues that impact the client, the Registered Practical Nurse, the healthcare team and the delivery of health services.
	Course Outcome 8	Learning Objectives for Course Outcome 8
	8. Investigate the use of information technology in nursing practice, education and research.	8.1 Describe how information technology is used in nursing. 8.2 Explore the Documentation Standard from the CNO in relation to selecting and utilizing information and communication technologies (ICTs) in the delivery of client care. 8.3 Explore relevant professional standards (eg. Confidentiality and Privacy of Personal Health Information) related to using electronic documentation systems. 8.4 Define nursing informatics. 8.5 Describe eHealth programs. 8.6 Evaluate the impact and implications of informatics and technologies in health care. 8.7 Utilize electronic databases to locate scholarly articles. 8.8 Respond to the clients` right to healthcare information in adherence within relevant privacy legislation. 8.9 Describe the importance of demonstrating professional judgment in utilizing information and communication technologies (ICTs) and social media.

Evaluation Process and Grading System:

Evaluation Type	Evaluation Weight
Assignment #2	10%
Assignment #3	5%
In class / assignments 5 x 2%	10%
Test #1	25%
Test #2	25%
Test #3	25%

Date: August 13, 2025

Addendum: Please refer to the course outline addendum on the Learning Management System for further information.